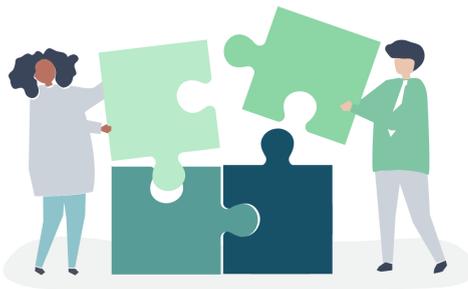


Tuesday 23rd August - 5:45pm-8:15pm



COTWA Panel Discussion: “What would you do next?”

About the Panel Discussion

An expert panel of three senior trauma-trained clinicians will share their experience in treating a fictionalised new client who presents for psychotherapy. Our panel members all practice from distinctly different and overlapping theoretical paradigms; and they will respond to questions such as:

- How would you approach the first three sessions?
- How would you determine the focus of treatment?
- What kind of assessments would you do, and why?
- Would you follow a phased approach to treatment? If so, how might that look like in this case?
- What kind of challenges do you anticipate in this case? How might you approach those?

This year, the audience will have an opportunity to learn more about some of the practical applications of Schema Therapy, Gestalt therapy, Eye Movement Desensitisation and Reprocessing (EMDR), and Imagery Rescripting when working with someone who presents with a lived experience of complex trauma.

The intention of the panel discussion is to offer a structured but informal collegial conversation amongst peers, about the different ways in which different therapists would approach the same client. It aims to introduce other clinicians to different modes of conceptualising and trauma intervention; as well as to create a safe ‘community’ of local clinicians where senior colleagues can also model and normalise attuned not-knowing to new trauma therapists.

About the Presenters

Annaliese Chapman

Gestalt Therapy

Annaliese Chapman has been registered as a Clinical Psychologist for more than 20 years. After working in positions within adult community mental-health and juvenile forensic community and custodial-based settings, she has worked solely in private practice for the past 10 years. She has extensive experience working with adults, adolescents, and children from 6 years of age onwards. Annaliese works from therapeutic approaches that are evidence-based. She is client-centred in her approach, encouraging her clients to be curious about their experience in the world to encourage both insight and a sense of agency. She draws from a range of therapeutic modalities and theories to achieve the best outcome for

clients. These include cognitive behaviour therapy, Gestalt therapy, attachment theory, structural dissociation theory and family therapy. Annaliese has met Blue Knot Foundation's rigorous assessment of her clinical competence in international best-practice requirements for working with complex trauma, which allows her to be a COTWA Clinical Member and list her profile on COTWA's Spatial Directory.

Nadene van der Linden

Schema Therapy | EMDR

Nadene van der Linden completed her Masters degree in Applied Psychology (Clinical) in 2005. She is an accredited EMDR therapist and Advanced Certified Schema Therapist. Her area of special clinical interest is working with trauma. Nadene is a Psychology Board of Australia Approved Supervisor, and a significant proportion of her work is the mentoring and clinical supervision of psychologists and mental-health therapists. Nadene has published a range of webinars and other online courses to support new trauma therapists.

Georgie Paulik

Imagery Rescripting

Associate Professor Georgie Paulik is a senior Clinical Psychologist and Clinical Director at Perth Voices Clinic. She is a research-practitioner who is passionate about working with people with psychosis and those who hear voices. She completed her PhD in voice hearing from the University of Western Australia in 2007 and has produced over 30 peer reviewed publications and a textbook in the field of psychosis and voice hearing. The Perth Voices Clinic aims to improve services and training of mental health professionals working with voice hearers. She is also passionate about exploring the role of trauma in hearing voices and the impact of psychological interventions for trauma on voice hearing; and has ongoing collaborations on trauma interventions, including Imagery Rescripting, with Prof Arnoud Arntz (Netherlands), Prof. Craig Steel (UK), and Prof. Peter McEvoy (Perth).

Details

- COVID:** Attendance numbers will be limited to 30 people to reflect public health recommendations applicable at the time of the event – first in, best dressed. Mask mandates for attendees remain in place at St John of God Hospital.
- Social distancing measures will be in place in the Auditorium.
- Date:** Tuesday 23rd August 2022, 5:45pm-8:15pm
- Registration:** Registration opens on Friday 22nd July and closes Friday 19th August 2022. Attendance limited to 30 people to comply with SJOG COVID safety measures
- Venue:** The Auditorium,
SJOG Conference Centre, Level 3,
25 McCourt St, Subiaco WA 6008
- Catering:** Light refreshments will be available from 5.30pm
- Cancelation Policy:** Full refund if cancelled 7 days in advance (less catering costs)

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Workshop Fees:

\$80	for non members
\$50*	for COTWA General members
\$30*	for COTWA Clinical members
\$0 (free)*	for COTWA Clinical members with a fully completed COTWA Spatial Directory profile
\$30	For students

** Members need to be logged in to the members area in order to get the member rate applied.*

Disclaimer

The information in this workshop is general in nature and should not be relied on. You should always seek your own professional advice. The views expressed are those of the presenters and may not represent the views of COTWA.